

Plan on a Page | Lesson 3: Feeling Seen: A Matter of Perspective

Guiding Questions:

- Whose opinions and beliefs have the greatest effect on how I think about my own identity?
 - What factors can make it challenging for me to be who I want to be in the world? How can I navigate or rise above these challenges?
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Activities:

1. Play with Perspective

Project an ambiguous image and have pairs discuss what they see. Then introduce the concept of perspective by explaining that *an individual's perspective refers to how they see and understand the world and what's happening around them*. After defining perspective, project the two sets of questions in the lesson plan one at a time so students have a chance to process the concept in their journals, in pairs and as a class.

2. Read the Poem "One of Us"

Distribute the poem "**One of Us**" by Joyce Sidman. To teach this poem, you might use one or more of the **Read Aloud** strategies. Then give students an opportunity to read the poem to themselves and underline one line that resonates with them. Invite them to share their line and reason why they chose it with a partner.

3. Consider Different Perspectives

Distribute the "**One of Us**" **Connection Questions** handout and use the **Jigsaw** strategy to discuss the poem. Once students have had time to complete the first part of the handout in their expert groups, rearrange the students into new groups of three to complete the jigsaw. Ask students to continue their discussion using the questions of part two of the handout.

4. Facilitate a Class Discussion

After students have finished both parts of the handout, have each group share highlights or key learnings with the class. Together, discuss the final three questions in the lesson plan.

5. Complete an Exit Card

To find out more about your students and to give them a chance to "be seen" in a new way, ask them to respond to the prompts on the **I Feel Seen When... Exit Card**.