# HANDOUT



## What Is Power? Anticipation Guide

Step 1: Brainstorm at least three ways to complete the statement 'I have power in ...'

**Step 2:** To what extent do you agree with these ideas about power? Rank each statement 1–5.

### Power is the ability to accomplish your goals.

Strongly agree <b>1</b>	2	3	4	Strongly disagree <b>5</b>
Power is physical force.				
Strongly agree <b>1</b>	2	3	4	Strongly disagree <b>5</b>

#### Power is wealth - having the resources that allow you to get things done.

Strongly agree				Strongly disagree
1	2	3	4	5

#### Power is authority – having a position that allows you to tell people what to do.

Strongly agree				Strongly disagree
1	2	3	4	5

#### Power is influence - being able to change a person's behaviour

Strongly agree				Strongly disagree
1	2	3	4	5

#### Power is using your position to treat people with consideration and respect.

Strongly agree				Strongly disagree
1	2	3	4	5

Power is ...