Handout

Diary from the Łódź Ghetto

In early 1942, a young girl living in the ghetto in Łódź (a Polish city) kept a diary of her experiences. Her name remains unknown, but her diary entries evoke the fear and suffering of life in the ghetto.

[No Date]

There is no justice in the world, not to mention in the ghetto... People are in a state of panic. And this hunger. A struggle against death from starvation. Life is terrible, living conditions are abominable, and there is no food . . .

Wednesday March 11, 1942

... Today I had a fight with my father. I swore at him, even cursed him. It happened because yesterday I weighed twenty decagrams of zacierki [egg noodles] and then sneaked a spoonful. When my father came back, he immediately noticed that some zacierki were missing. My father started yelling at me and he was right. But since the chairman [Mordechai Chaim Rumkowski, the head of the Jewish Council of Łódź] gave out these zacierki to be cooked, why can't I have some? I became very upset and cursed my father. What have I done? I regret it so much, but it can't be undone. My father is not going to forgive me. How will I ever look him in the eyes? He stood by the window and cried like a baby. Not even a stranger insulted him before. The whole family witnessed this incident. I went to bed as soon as possible, without dinner. . . . We would be a happy family, if I didn't fight with everybody. All the fights are started by me. I must be manipulated by some evil force. I would like to be different, but I don't have a strong enough will. . . .

Saturday March 14, 1942

... O freedom! Will I have to stay behind this barbed wire forever? Will that sign be on the big board forever, [Entering Jewish residential area forbidden]? Will there always be a booth with a German guard who has a rifle on his shoulder? Has it always been like this? Will it stay like this? Oh, no! But who is going to live through it? I miss freedom. Especially on a warm sunny day. O sun! It's you who make me yearn for freedom. My heart is bleeding and my eyes are full of tears. Someone reading this in the future may sneer at me, say I'm an idiot . . .¹

¹ Alexandra Zapruder, Salvaged Pages: Young Writers' Diaries of the Holocaust (New Haven: Yale University Press, 2002), 230-40.